

Promoted on behalf of Cycling Time Trials under their Rules and Regulations.

# Cardiff 100 Miles Road Cycling Club

**Open 10 Mile Time Trial: Wednesday 1<sup>st</sup> Jan 2025 – Course R10/9**

## RESULTS SHEET

### Timekeeper

Martyn Heritage-Owen (Bush Healthcare CRT)



### Organizer

Bob Jones  
2 Little Orchard  
DINAS POWYS  
Glam CF64 4NH  
mob. 07873-353207

**Marshalls and other officials from Cardiff 100 Miles RCC**

## *AWARDS*

1st Female solo TT bike	not awarded			
1st Open solo TT bike	Daniel Davies	Maindy Flyers Cycling Club	22:01	£10
1st solo Road Bike	Diccon Hill	Cardiff 100 miles RCC	28:02	£10

## *THANKS*

To all who entered, especially the 5 who rode.

It also rained during last year's event :-)

Although this time there was longer warning of poor weather it still didn't come until after the closing date, therefore several entrants from afar sent their apologies.

As Met Office suggested rain and wind might ease after 1pm, we decided the previous evening to delay the start until 2pm. The 'improvement' meant steady rain easing to light rain, but there was also a drop in temperature and a westerly wind of 19mph gusting 29 – so benefit of the delay was debatable. Nevertheless 5 riders went for it anyway.

I was adequately comfortable in a waterproof jacket, no-holes visored TT helmet (Poc Cerebral) and with XL Marigolds over my half-finger mitts. Minute man Dan Davies (OJ15), even with wet leg-warmers and jacket, caught me towards the end of St Athan by-pass after 2 kilometres, and passed at a speed around 15mph greater than mine.

Taking results by phone back at HQ, a worried TK asked "did no.2 turn at the roundabout?" – which I could confirm, although more than 2 minutes behind by that time!

Therefore we have a new OJ course record of 22:01 (more than 2 minutes quicker) in spite of grim conditions on a lumpy Welsh road where nobody has ever done a 19. Congratulations to Daniel, who thereby won his very first TT. This must be as good a start as any!

We were also grateful for support from those who'd come a significant distance, in spite of the weather.

### **AND THANKS ESPECIALLY**

to everyone who devoted their free time to make this a successful event:-

Bob Jones (signage fixer)

Keith Morgan (observer-marshall at Rhoose Airport maintenance depot roundabout)

Martyn Heritage-Owen, Bush Healthcare CRT (Timekeeper)

Everyone else who offered to lend a hand.

### **HQ Arrangements -**

Particular thanks to Vicki Vlaskamp, St Athan Welfare Office, for making the venue available.

### **DON'T MISS OUR OTHER OPEN EVENTS DURING 2025:**

Sat 22<sup>nd</sup> Feb 2025 The Milers 15 mile Time Trial on R15/5 (Abergavenny) **1pm**

Solos, Tandems, 2-up TTT

Sat 29<sup>th</sup> Mar 2025 The Milers 15 mile Time Trial on R15/5 (Abergavenny) 2pm

Solos, Tandems, 2-up TTT

Sat 26<sup>th</sup> Jul 2025 The Milers 50 mile Time Trial on R50/1b (Abergavenny) 2pm

Solos, Tandems

Sat 4<sup>th</sup> Oct 2025 Open 10 mile Time Trial on R10/17 (Abergavenny) 2pm

**Solos only**

*and finally:-*

Thu 1<sup>st</sup> Jan 2026 The Milers 10 mile Time Trial on R10/9 (St Athan) 1pm

Solos, Tandems, 2-up TTT